



## **Iowa Al-Anon Family Groups**

*For relatives and friends of alcoholics*

### **Meeting Directory**

Iowa City, Muscatine, Wilton Area

#### **Sunday**

- 6:45pm Muscatine Al-Anon  
704 S. Houser St.  
Muscatine (\*open)
- 7:00pm Al-Anon Adult Children  
Trinity Episcopal Church  
320 E. College St  
Iowa City (\*open)
- 7:00 pm Sunday Night Al-Anon Book Study  
Mercy Hospital  
500 Market St. (1<sup>st</sup> Flr. Conf. Rm.)  
(next to chapel)  
Iowa City (\*open)

#### **Monday**

- 12:00pm Monday Noon Al-Anon  
Trinity Episcopal Church  
320 E. College St.  
Iowa City (\*open)

#### **Tuesday**

- 7:00 pm Tuesday Tune-Up Al-Anon  
Our Redeemer Lutheran Church  
2301 E. Court St. (chapel)  
Iowa City (\*open)  
(newcomer meeting available)
- 8:00 pm Wilton AFG  
Grace UCC Church  
111 W. 5<sup>th</sup> St.  
Wilton (\*open)

#### **Thursday**

- 12:00pm Thursday Noon Al-Anon  
Trinity Episcopal Church  
320 E. College St.  
Iowa City (\*closed)

- 7:30pm Thursday Night Al-Anon  
Our Redeemer Lutheran Church  
2301 E. Court St. (chapel)  
Iowa City (\*open)

#### **Friday**

- 12:00pm Just for Today  
Trinity Episcopal Church  
320 E. College St.  
Iowa City (\*open)
- 7:00pm Wilton AFG  
Grace UCC Church  
Wilton (\*open)

#### **Saturday**

- 12:00pm Weekend Winners Al-Anon  
U of I North Hall (Rm. 302)  
Madison St.  
Iowa City (\*open)  
(Child care provided)
- 12:00pm Saturday Noon Women's Group  
Trinity Episcopal Church  
320 E. College St (Upstairs Chapel)  
Iowa City

\*Closed meetings are for all Al-Anon members, anyone whose personal life is or has been deeply affected by close contact with a problem drinker. Open meetings may be attended by anyone interested in Al-Anon or Alateen.

There are other meetings in our district, such as in Solon. Call the answering service at 319-321-4120 for current local meeting information.

For more information on Al-Anon or Alateen meetings elsewhere in the US and Canada, call our World Service Office at 1-888-4AL-ANON, M-F, 8am-6pm ET.

For additional information, visit our website at [www.ia.al-anon.alateen.org](http://www.ia.al-anon.alateen.org)